

BwD Food Resilience Alliance

Planning for Healthy Food Environment Virtual Symposium

Tuesday 28th September 2021

Via Teams



HEALTHIER PLACE, HEALTHIER FUTURE
OUR PENNINE LANCASHIRE



Planning for a healthy Food System?

- ▶ The inter-connections between how we: produce, process, transport, buy, consume & dispose of the food we eat and the way this affects us as individuals and communities
- ▶ The challenges of change, real and messy.

What is Sustainable Food?

Food that is produced, processed, traded and disposed of in ways that:

- contribute to thriving local economies and sustain the livelihoods of people working in the food sector
(ECONOMIC SUSTAINABILITY)
- protect the diversity of both plants and animals and avoid damaging natural resources and contributing to climate change
(ENVIRONMENTAL SUSTAINABILITY)
- provide social benefits, such as good quality food, safe and healthy products and educational opportunities
(SOCIAL SUSTAINABILITY)

Stakeholder (Food) Mapping (what happened)



It's more complex than generally discussed . 120 corner shops

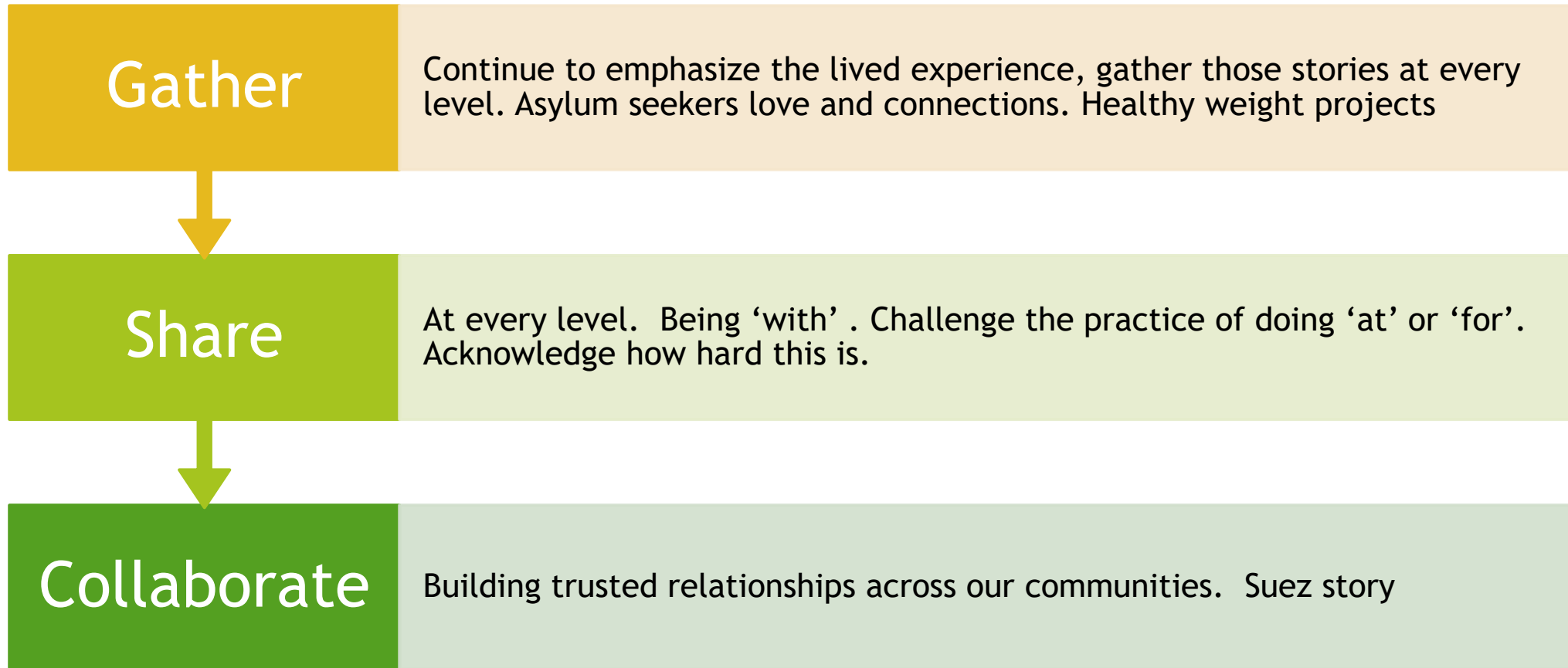


Webpage being designed to support self direction.
Digital access still a concern



Involving planning with 'messy' lives. Share those stories. Poverty, jobs, skills, bins.

Stories, its all about stories. The buzz from our first post covid face to face gathering.



This weeks story

- ▶ Planning
 - ▶ Extended hours, litter and traffic.
 - ▶ History
- ▶ Jobs.
 - ▶ Women and small businesses
 - ▶ Instagram generation
- ▶ Invited to 'Recipe for Health'
- ▶ Share ideas
 - ▶ Tiffin box

Keep Creating opportunities for conversations.

Food is the first medicine.



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