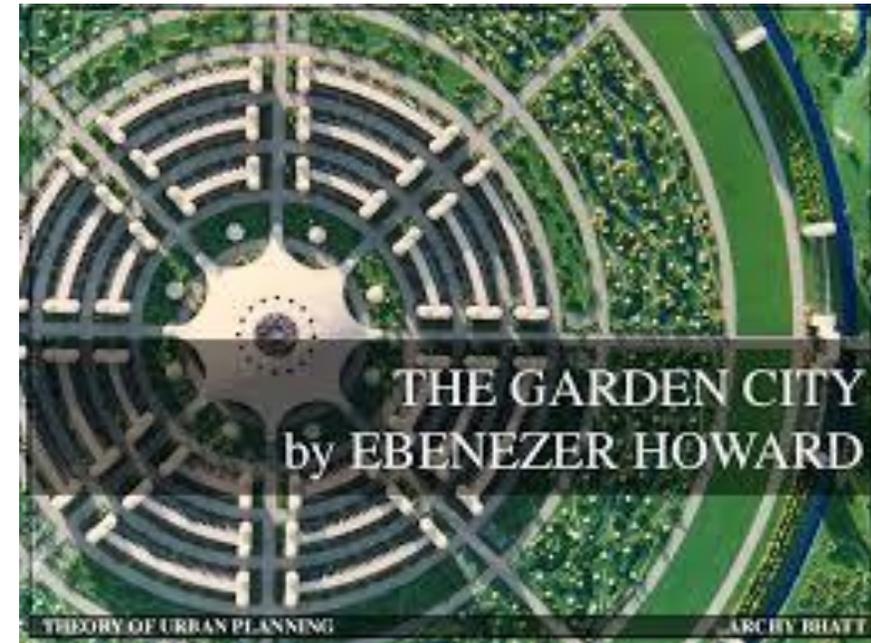




Planning for Healthy Food Environments – Our Approach

- St Cuthbert's Garden Village accepted into Govt programme in Jan 2017
- Garden Cities are not a new concept
- Original principles include 'opportunities for residents to grow their own food including allotments'
- Our principles include 'Healthy Environments'
- Our vision includes 'promoting healthy lifestyles'
- Our 'Thriving Communities' objective includes opportunities for people to grow their own food





Garden Village Masterplanning

- A series of frameworks to be used as evidence to support the planning process
- One of our five key drivers 'Food Environment'
- 9 guiding principles
- Green and Blue Infrastructure Frameworks for food and food production
- Small scale / local scale / regional scale
- www.stcuthbertsgv.co.uk



Green and Blue Infrastructure Delivery Strategy

- Moving from the high-level strategy in the masterplan to detailed evidence, costing and delivery options
- Food growing areas important as one of the multi-functional uses of green spaces
- Promote healthy lifestyles to fulfil Carlisle Healthy City ambitions
- Role in health inequalities, education and community cohesion



Landscape Design Competition

- National design competition for professionals and students – for multi-modal greenway and park
- Stage 1 - 8 themes to address including health and wellbeing
- How can community food production in all its forms be integrated into the design?
- Stage 2 to address ‘what role can food production play in supporting well-being and encouraging community stewardship’?





St Cuthbert's Local Plan

Strategic Design SPD

- To set the policy framework for development in St Cuthbert's
- SPD – productive landscapes <https://www.stcuthbertsgv.co.uk/DESIGN-SPD>
- ‘Thriving Communities’ objective

To address identified local health and wellbeing needs through both the provision of health care and a physical and social environment which allows people to make healthy choices such as means of travel, recreation, or opportunities to grow their own food.
- Stewardship crucial – allotments and community orchards in policy

