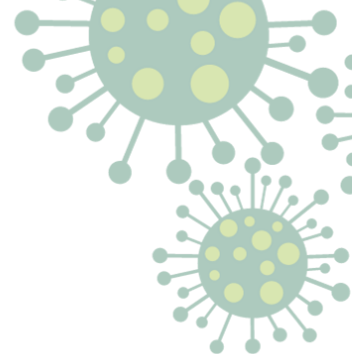


# COVID-19, Inequalities and Healthy Weight: How can the North level up?



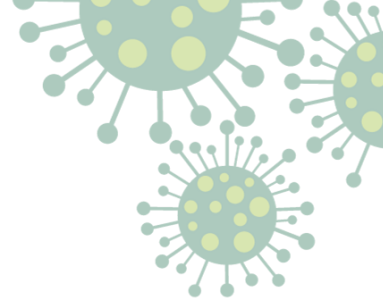
## CONFERENCE AGENDA

📅 THURSDAY 28<sup>TH</sup> JANUARY 2021

🕒 09:30AM – 12:30PM

**FOOD  
ACTIVE**

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- 09:30 **Chair's welcome**  
Matthew Philpott, Executive Director, Health Equalities Group.
- 09:35 **An introduction to Food Active**  
Alex Holt, Food Active Programme Lead, Health Equalities Group.
- 09:40 **Health inequalities in the North**  
Dr Luke Munford, Lecturer in Health Economics, University of Manchester.
- 10:00 **COVID, inequalities and healthy weight**  
Anna Taylor, Executive Director, Food Foundation.
- 10:20 **The impact of Covid-19 on food, physical activity and healthy weight behaviours in the North**  
Dr Charlotte Hardman, Senior Lecturer in the Department of Psychological Sciences, University of Liverpool.
- 10:35 **Q&A**
- 10:40 **Panel discussion:** What are the opportunities for addressing obesity and inequalities in the North? Directors of Public Health experiences and perspective.  
**Chair:** Dr Jeanelle de Gruchy, President of the Association for the Directors of Public Health and Director of Public Health, Tameside Metropolitan Borough Council.  
**Panellists:**
- Professor Peter Kelly, Director of Public Health, North East and Yorkshire Region
  - Matthew Ashton, Lead Director of Public Health, Food Active
  - Fiona Phillips, Assistant Director of Public Health, City of York Council



11:30 **Workshops:** Covid-19 recovery, Inequalities and Healthy Weight; where are the opportunities locally?

**Session one [11:35-11:55am]**

1a) Active places and people: *Lauren Perkin and James Hartley, Sport England South Tees Local Delivery Pilot.*

1b) Holiday food provision, taking a partnership approach: *Lydia Orford, Cheshire West and Chester Council and Stephanie Ellis, the Welcome Network.*

1c) Supporting families living with obesity virtually: *Susannah Green, North West Boroughs Healthcare Foundation Trust*

**Session two: [12:00-12:20pm]**

2a) Whole systems thinking to address obesity and health inequalities: *Deborah Lowe, Leeds City Council.*

2b) Engaging with system leaders in supporting community health and wellbeing: *Cllr Jackie Floyd, Blackburn with Darwen Council and Cllr Shaun Turner, Lancashire County Council.*

2c) Exploring obesity safeguarding pathways: *Peter Cooper, Manchester City Council.*

12:20 **Launch of Food Active's 8-Point Policy Call**  
Matthew Philpott, Executive Director, Health Equalities Group and Alex Holt, Programme Lead, Food Active.

12:25 **Summary of the day and closing remarks**

12:30 **Close of event**

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Please [click here](#) to register for the conference.

Join in the conversation online: **#FACONF @food\_active**

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