

Together an Active Future



Blackburn with Darwen

Health & Well-being Infograph 2022



HEALTHIER PLACE, HEALTHIER FUTURE
OUR PENNINE LANCASHIRE



MSK

19.7% of people have a long-term musculoskeletal problem such as back and neck pain.



43% of children (Academic year 2020/21) and 36.3% of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately 29% of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 5 (19.9%) of people aged over 16 are affected by mental health problems.



Fast Food Density

BwD has a high number of fast-food outlets per capita, the 12th highest density in the country. There is 1 fast-food outlet for every 566 people in the borough.



Obesity

63.6% of adults, 22.1% of children aged 4-5 years and 37% of children aged 10-11 years are overweight or obese.



Healthy Diet

Less than half (43%) of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health

50.9% of 5-year-old children have visually obvious dental decay.



Total population (from 2021 census)
154,800

Adults
110,900

0-19 years
43,900



1 in 5 children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



BwD has lots of great public spaces where people can be more active. These include...

- 5 parks
- 6 miles of canals
- 454km of Public Rights of Way
- 15 play spaces
- 9 allotment sites

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Ribble Valley

Health & Well-being Infograph 2022



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MSK
17.4% of people have a long-term musculoskeletal problem such as back and neck pain.



26.9% of children (Academic year 2020/21) and 19.5% of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately 25% of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 8 (12.8%) of people aged over 16 are affected by mental health problems.



Fast Food Density
There is 1 fast-food outlet for every 924 people in Ribble Valley.



Obesity
60.7% of adults, 24.4% of children aged 4-5 years and 29% of children aged 10-11 years are overweight or obese.



Healthy Diet
Only 57.4% of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health
18.8% of 5-year-old children have visually obvious dental decay.



Total population
(from 2021 census)
61,500

Adults
48,800

0-19 years
12,700



1 in 17 (5.7%) children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



79% of residents are satisfied with Ribble Valley as a place to live (Perception Survey 2018).



Ribble Valley has lots of great public spaces where people can be more active. These include...

- 1211km of Public Rights of Way
- 6 parks
- 39 play areas
- 62 playing field sites
- 2 MUGAs
- 4 outdoor gyms
- 5 allotment sites
- 6 bowling greens

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Hyndburn

Health & Well-being Infograph 2022



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MSK

25.3% of people have a long-term musculoskeletal problem such as back and neck pain.



40.7% of children (Academic year 2020/21) and 29.1% of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately 25% of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 5 (19.1%) of people aged over 16 are affected by mental health problems.



Fast Food Density

There is 1 fast-food outlet for every 585 people in Hyndburn. This is more than the average local authority.



Obesity

71% of adults, 26.3% of children aged 4-5 years and 38.6% of children aged 10-11 years are overweight or obese.



Healthy Diet

Less than half (45.2%) of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health

39.5% of 5-year-old children have visually obvious dental decay.



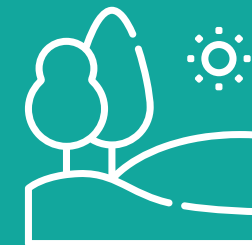
Total population (from 2021 census)
82,200

Adults
61,700

0-19 years
20,500



1 in 5 children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



Hyndburn has lots of great public spaces where people can be more active. These include...

- 11 parks
- 9.2 miles of canals
- 234km of Public Rights of Way
- 26 play areas
- 5 playing fields
- 22 allotment sites = 850 plots
- 3 nature reserves

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Burnley

Health & Well-being Infograph 2022



HEALTHIER PLACE, HEALTHIER FUTURE
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MSK
20.5% of people have a long-term musculoskeletal problem such as back and neck pain.



40.4% of children (Academic year 2020/21) and 30.4% of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately 25% of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 5 (20.2%) of people aged over 16 are affected by mental health problems.



Fast Food Density

There is 1 fast-food outlet for every 594 people in Burnley. This is more than the average local authority.



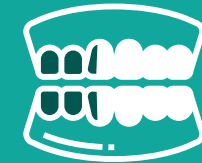
Obesity

73.4% of adults, 25.2% of children aged 4-5 years and 35.2% of children aged 10-11 years are overweight or obese.



Healthy Diet

Only 51.7% of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health

40.1% of 5-year-old children have visually obvious dental decay.



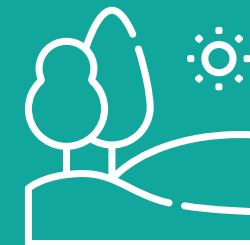
Total population (from 2021 census)
94,700

Adults
70,900

0-19 years
23,800



1 in 5 children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



Burnley has lots of great public spaces where people can be more active. These include...

- 12 parks
- 8 miles of canals
- 355km of Public Rights of Way
- 23 MUGAs
- 11 football & basketball courts
- 4 skate parks
- 60 play areas
- 11 allotment sites = 312 plots
- 12 bowling greens

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Pendle

Health & Well-being Infograph 2022



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MSK
20.8% of people have a long-term musculoskeletal problem such as back and neck pain.



39.9% of children (Academic year 2020/21) and 36.1% of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately 25% of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 5 (19.1%) of people aged over 16 are affected by mental health problems.



Fast Food Density

There is 1 fast-food outlet for every 630 people in Pendle. This is more than the average local authority.



Obesity

68.7% of adults, 25% of children aged 4-5 years and 38% of children aged 10-11 years are overweight or obese.



Healthy Diet

Less than half (48.7%) of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health

39.4% of 5-year-old children have visually obvious dental decay.



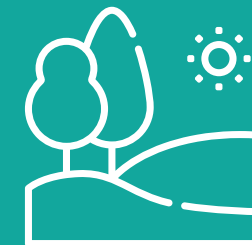
Total population (from 2021 census)
95,800

Adults
70,700

0-19 years
25,100



1 in 6 (17.1%) children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



Pendle has lots of great public spaces where people can be more active. These include...

- 11 parks
- 11 miles of canals
- 618km of Public Rights of Way
- 20 MUGAs
- 2 skate parks
- 4 outdoor gyms
- 40 playgrounds
- 29 allotment sites = 344 plots

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Rossendale

Health & Well-being Infograph 2022



MSK
20% of people have a long-term musculoskeletal problem such as back and neck pain.



38.7% of children (Academic year 2020/21) and **24.5%** of adults are physically inactive and do less than 30 minutes of activity per week. It is recommended that people do 30 minutes of exercise a day, 5 times a week.



Approximately **25%** of people who engaged with local drug and alcohol misuse services completed treatment substance free.



1 in 5 (18%) of people aged over 16 are affected by mental health problems.



Fast Food Density
There is 1 fast-food outlet for every **638** people in Rossendale. This is more than the average local authority.



Obesity
67.9% of adults, **29.5%** of children aged 4-5 years and **37.2%** of children aged 10-11 years are overweight or obese.



Healthy Diet
Less than half (**49%**) of adults eat the recommended 5 portions of fruit and vegetables per day.



Dental Health
27.1% of 5-year-old children have visually obvious dental decay.



Total population (from 2021 census)
70,800

Adults
54,200

0-19 years
16,600



1 in 6 (15.9%) children live in poverty. Growing up in poverty can damage a child's well-being and life chances.



Rossendale has lots of great public spaces where people can be more active. These include...

- 35 play areas
- 5 allotment sites
- 642km of Public Rights of Way
- 1 nature reserve