



# 10 YEARS OF FOOD ACTIVE

## REFLECTING ON LOCAL AND NATIONAL ACTION

WEDNESDAY 22<sup>ND</sup> NOVEMBER 

9:30AM-4:00PM (GMT) 

MUSEUM OF LIVERPOOL, PIER HEAD, L3 1DG 

09:30

### **REFRESHMENTS, REGISTRATION AND NETWORKING**

10:00

### **WELCOME TO #FOODACTIVE2023**

PROFESSOR MATTHEW ASHTON, LEAD DIRECTOR OF PUBLIC HEALTH, FOOD ACTIVE  
COUNCILLOR LIAM ROBINSON, LEADER OF LIVERPOOL CITY COUNCIL

### **SESSION 1: 10 YEARS OF THE FOOD ACTIVE PROGRAMME – REFLECTING ON PROGRESS MADE AND CURRENT CHALLENGES**

10:10

### **CATALYSTS FOR CHANGE: REFLECTING ON 10 YEARS OF THE FOOD ACTIVE PROGRAMME**

ABDUL RAZAQ, DIRECTOR OF PUBLIC HEALTH, BLACKBURN WITH DARWEN  
DR MATTHEW PHILPOTT, EXECUTIVE DIRECTOR, HEALTH EQUALITIES GROUP

10:25

### **A BRIEF HISTORY OF GOVERNMENT OBESITY POLICY IN ENGLAND**

DR DOLLY VAN TULLEKEN, POLICY CONSULTANT AND VISITING RESEARCHER AT  
CAMBRIDGE UNIVERSITY'S MRC EPIDEMIOLOGY UNIT

10:50

### **HEALTH IN 2040: POPULATION AGEING AND MULTIMORBIDITY IN ENGLAND**

TOBY WATT, LEAD ECONOMIST, THE HEALTH FOUNDATION'S REAL CENTRE

11:15

### **PANEL Q&A**

11:30

### **BREAK**

11:45

### **LOCATION, LOCATION, LOCATION - WHERE HAS PROGRESS BEEN MADE ON OBESITY POLICY IN THE UK?**

KATHARINE JENNER, DIRECTOR, OBESITY HEALTH ALLIANCE

12:05

### **PANEL DISCUSSION: KEY ASKS FOR PARTY MANIFESTOS AHEAD OF THE FORTHCOMING GENERAL ELECTION**

REUBEN, YOUTH ACTIVIST, BITE BACK  
DOLLY VAN TULLEKEN, POLICY CONSULTANT AND VISITING RESEARCHER AT  
CAMBRIDGE UNIVERSITY'S MRC EPIDEMIOLOGY UNIT  
KATHARINE JENNER, DIRECTOR, OBESITY HEALTH ALLIANCE

12:40

**LUNCH, REFRESHMENTS AND NETWORKING****SESSION 2: LOCAL AREAS LEADING THE WAY: SHARING GOOD PRACTICE**

1:40

**LOCAL LEVERS TO PROMOTE HEALTHIER WEIGHT:  
WHAT IS IN THE TOOLBOX?**PROFESSOR LINDSAY JAACKS, PERSONAL CHAIR OF GLOBAL HEALTH AND  
NUTRITION, UNIVERSITY OF EDINBURGH

2:00

**SYSTEM LEADERSHIP IN A WHOLE SYSTEMS APPROACH TO HEALTHY  
WEIGHT**DR ROBIN IRELAND, DIRECTOR OF RESEARCH (HONORARY), FOOD ACTIVE AND  
HONORARY RESEARCH FELLOW, UNIVERSITY OF GLASGOW

2:15

**GREATER MANCHESTER'S POPULATION HEALTH SYSTEM: ENABLING A  
WHOLE SYSTEM APPROACH TO FOOD AND HEALTHY WEIGHT**DR DEBS THOMPSON, CONSULTANT IN PUBLIC HEALTH, NHS GREATER MANCHESTER  
INTEGRATED CARE AND DEBBIE WATSON, DIRECTOR OF PUBLIC HEALTH, TAMESIDE  
COUNCIL AND CHAIR OF GREATER MANCHESTER PUBLIC HEALTH LEADERSHIP  
GROUP

2:35

**PANEL Q&A**

2:45

**BREAK**

3:00

**EXAMPLES OF GOOD PRACTICE IN THE NORTH WEST****TACKLING OBESITY – BLACKPOOL'S WHOLE SYSTEM APPROACH:** DR ARIF  
RAJPURA, DIRECTOR OF PUBLIC HEALTH, BLACKPOOL COUNCIL**SUPPORTING POSITIVE CONVERSATIONS ABOUT WEIGHT:** ALEX HOLT, PUBLIC  
HEALTH PROGRAMME LEAD, CHESHIRE WEST AND CHESTER COUNCIL AND MICHAEL  
VIGGARS, PROJECT MANAGER, HEALTH EQUALITIES GROUP

3:30

**PANEL Q&A**

3:40

**ASPIRATIONS FOR THE NEXT DECADE OF THE FOOD ACTIVE PROGRAMME**

NICOLA CALDER, FOOD ACTIVE PROGRAMME LEAD, HEALTH EQUALITIES GROUP

3:50

**SUMMARY OF THE DAY AND CLOSE OF CONFERENCE**

PROFESSOR MATTHEW ASHTON, LEAD DIRECTOR OF PUBLIC HEALTH, FOOD ACTIVE